



Caterpillar Room (Infants)

6:00-6:40	GUIDED FREE ACTIVITY
6:45-7:45	BREAKFAST
7:50-8:15	BOTTLES
8:15-8:20	TUMMY TIME/ SINGING/ READING
8:20-9:30	NAP TIME/ QUIET TIME
9:00-9:30	SNACK
9:30-10:00	PRAYER & WORSHIP TIME
10:30-10:50	WEATHER PERMITTING GO FOR A WALK
10:50-11:00	MUSIC & MOVEMENT, STORY TIME
11:00-11:30	LUNCH
11:30-1:30	NAP TIME/ QUIET PLAY TIME
1:30-2:00	TUMMY TIME/ PLAYING IN GROUP TO DEVELOP SOCIAL SKILLS
2:00-2:30	SNACK TIME (for older children)
2:30-3:30	COGNITIVE/ EMOTIONAL PLAY
3:30-4:30	FINE MOTOR/
4:30-5:30	GROSS MOTOR PLAY
5:30-6:00	PREPARE FOR MOM & DAD. BABY'S CHOICE OF ACTIVITY

OUR SCHEDULE IS FLEXIBLE AND MAY CHANGE ACCORDING TO THE NEEDS OF THE CHILDREN.